

## Small Sided Soccer - Kindergarten (3v3) and First Grade (5v5)

- **Game Duration:** Kindergarten has two games played simultaneously - each game has four 7-minute quarters. First grade has four 10-minute quarters. Quarters 1 & 2 and 3 & 4 are separated by a 2-minute break. Quarters 2 & 3 are separated by a 5-minute break.
- **Number of players on the field:** 3 max / 2 min on each field for Kindergarten. 5 max / 3 min for first grade.
- **Goalkeepers:** None for Kindergarten. First grade has a goalkeeper.
- **Scoring:** In Kindergarten, a goal may only be scored from the attacking half of the field. If any player kicks the ball from the defending half and it goes into the opposite side goal untouched, no goal is awarded. In first grade, a goal may be scored from anywhere on the field.
- **Substitution:** Allowed at any point there is a stoppage in play (kick-in, goal scored, etc.)
- **Offside:** The Offside Rule is not enforced at either age.
- **Penalty kicks:** No penalty kicks at either age.
- **Free kicks:** All free kicks will be indirect at the point of incursion. Opponents must be 6 yards from the kicker. A free kick given within 6 yards of the goal must be moved seven yards away so the defenders may form a wall 6 yards from the ball.
- **Kick-Ins:** There are no throw-ins. Kick-ins are taken at the point where the ball left the field and are taken by the team that did not kick the ball out.
- **Corner kicks:** To be performed when the ball crosses the goal line and is last touched by the defense.
- **Goal kicks:** In Kindergarten, goal kicks are taken from anywhere on the goal line. In first grade, goal kicks may be taken half way between the goal line and the penalty area.
- **Playing time:** Each player will play a minimum of 50% of the total playing time.
- **Ball size:** Size 4
- **Ball in and out of play:** The ball must completely cross the boundary to be out of play.
- **Referees for Kindergarten games:** A certified referee will be assigned for each pair of playing fields. Parent coaches will referee both fields. The certified referee will keep time and start/stop the quarters for both fields, will serve as a resource for both teams, and will advise the coaches that, if a player is dominating one of the small sided fields, he or she should be made available to play on either of the small sided fields to keep games competitive.
- **Fields:** Pop-up goals are used in Kindergarten games and are brought to the games by AHPD staff.
- **Uniform:**
  - AHPD House league uniforms must be worn during games.
  - No head gear/garments may be worn other than knit caps during cold weather.
  - All glasses must be secured with a strap.
  - Shin guards are **MANDATORY**.
  - Tennis shoes or soft-cleated soccer shoes are accepted. **No metal spikes or shoes with toe cleats are allowed.**
- **Sporting behavior:** Opposing players and coaches should shake hands after each game.