



2023 – 2024

Arlington Aces Academy

Travel Program Overview

For the 2023 - 2024 seasons, the U7 through U10 age team rosters will be somewhat fluid, allowing for some roster movement between the fall and spring seasons and for tournaments. The U11 through U19 age groups field traditional "A" and "B" teams, all trained and coached by professional trainers, and playing in leagues and certain tournaments. Team rosters are set at the end of the spring season with mid-season movement between teams taking place in limited circumstances and with the approval of the Director of Soccer.

Aces U7 – U10

6 years to 9 years (birth years 2017-2014)

The U7 through U10 age groups use an Academy model, which provides high-level, structured training to players who demonstrate a passion for the game and a commitment to further developing skills through concentrated training. The Academy program emphasizes individual, skills-based training and small-sided games, designed to provide an inspiring, fun environment that fosters confidence, creativity, and composure.

Through small-sided games, all the players have the opportunity to play together regularly. Team rosters are more fluid than traditional models, and some roster movement may occur between the fall and spring seasons and for tournaments.

Aces U11 – U15

10 years to 14 years (birth years 2013-2009)

Our Youth Development Program (U11 through U14) is integral to our club's continual success. As coaches and educators, we are well aware of the importance of providing a solid foundation for young players. The future development and success of a player depends on receiving individual training at an early age. We have designed a curriculum that emphasizes age-specific technical skills combined with tactical decision-making to ensure that developmentally appropriate skills are taught at every age level.

Aces High School U15-U19

14 years to 18 years (birth years 2008-2005)

Our Aces High School Program is the pinnacle of our player development pyramid. At these age groups, we aim to provide our players with a higher level of competitive opportunities. After developing our players' technical and tactical skills throughout the U7-U14 age groups, our goal at the High School age groups is to further develop our team concept of playing and competing. Players at this age group will have the opportunity to play in leagues and tournaments that will challenge them at a very good level.

Time Commitment

The U7 through U14 age groups typically play a 8-games fall and 8-game spring season. During the fall and spring seasons, practices and games require 4.5 to 6 hours per week (excluding travel time). This is typically broken down to two 90-minute practices, one 60-minute technical session, and a weekly league game.

Winter Training

U7 through U10 age groups have 1 practice and 1 open style game day each week. This program would last approximately 10 weeks. Because of space limitations, it is likely that the time and day of this practice will be different from the time and day of fall and spring practices. Typically, younger age teams are scheduled for earlier practice times, and most sessions will be scheduled on weekdays.

U11 through U19 age groups have a minimum of 2 training sessions per week this will last approximately 10 weeks. Because of space limitations, it is likely that the time and day of this practice will be different from the time and day of fall and spring practices. Typically, younger age teams are scheduled for earlier practice times, and most sessions will be scheduled on weekdays.

League Play

U7 through U19 teams play in local leagues. Typically, boys play on Saturdays girls play on Sundays. Weather and field availability factor into game scheduling, so make-up games may be scheduled during the week or on weekends. Depending on the skill level and age of the team, considerable travel time to and from games may be required.

Tryouts

Each spring, we evaluate players, both current and new to assess skills and form new teams for the following year. Teams are formed of players with comparable skills. Skills are determined at tryouts based on an evaluation of technical skills observed in small-group play and individual skill testing. Participation in tryouts, or placement on a travel team this year, does not guarantee placement on a team next year.



2023/24 Season Fees

The approximate annual cost for participating in Arlington Aces travel program:

U7 Academy \$1,300 paid in full or \$1,350 using payment plan

U8 Academy \$1,300 paid in full or \$1,350 using payment plan

U9 Academy \$1,300 paid in full or \$1,350 using payment plan

U10 Academy \$1,700 paid in full or \$1,750 using payment plan

U11 YDP \$1,700 paid in full or \$1,750 using payment plan

U12 YDP \$1,700 paid in full or \$1,750 using payment plan

U13 YDP \$1,700 paid in full or \$1,750 using payment plan

U14 YDP \$1,700 paid in full or \$1,750 using payment plan

U15 YDP 8th grade \$1,700 paid in full or \$1,750 using payment plan

U15-U19 H.S. \$1,600 paid in full or \$1,650 using payment plan

These figures reflect fees for the 2023-2024 season and cover the cost of training (fall, winter, and spring), league games and practice jerseys. Other factors such as the number of tournaments in which a player participates, extra training, and travel costs may increase this amount. Uniform kits are an additional cost and will be approximately \$260. All players will need to purchase a uniform for the 2023 – 2024 season. We also require all players to purchase the new Playermaker technical training device.

In addition, Arlington Aces is a founding member of the Illinois Premier Alliance, which is an alliance of like-minded, player development focused, community-based soccer clubs. There are numerous benefits for all of our Aces players as a part of this alliance (which are explained in greater detail in a separate document). These benefits are included in your annual player fees.

If you have specific questions about the cost and time commitment required by a particular team, please contact Arlington Aces at: dwayne@ahaces.com

See Following pages for breakdown of Age Group Fees and what is included

Registration Fees U7 - U9

6 years to 9 years of age (birth years 2017-2014)

Registration fees effective Fall 2023 through Spring 2024 for the **U7 – U9 Academy** teams.

Fees do not include: Player uniform, or additional indoor league.

Registration fees include: U7 – U9 Academy Teams \$1,300/year - \$50 discount if pay in full

League

1 Soccer Tournament (U9 Only) (chosen by club)

Referee

Trainer/Coach

Technical/Goalkeeper Trainings Fall and Spring

Preseason Camp

Coach Certification

Maintenance of fields

Practices 2x per week during fall & spring seasons with a professional coach/trainer

"Technical/Goalkeeper Trainings Winter"

Winter Indoor Training; run by Aces coaches, 1 practice and 1 intra-club futsal game-day per week for 8 weeks

Registration Fees U10 – U15*

10 years to 14 years of age (birth years 2009-2014) ***U15 players in 8th grade only**

Registration fees effective Fall 2023 through Spring 2024 for the **U11-U15* Academy** teams.

Fees do not include: Player uniform or additional indoor league.

Registration fees include: U11-15* Academy Teams \$1,700/year - \$50 discount if pay in full

League

Referee

Trainer/Coach

Soccer Tournament (2) chosen by club

Technical/Goalkeeper Trainings Fall, Winter and Spring

Winter team Practice 8 weeks

Preseason Camp

Coach Certification

Maintenance of fields

Practices 2x per week during fall & spring seasons with a professional coach/trainer

Winter Indoor Training; run by Aces coaches, 1 practices and 1 intra-club futsal game-day per week for 8 weeks

Registration Fees High School Academy Teams Registration fees effective Fall 2023 through Spring 2024 for the **High School Academy** teams. Girls play in Fall 2023 Season, Boys in Spring 2024 Season.

Fees do not include: Player uniform or additional indoor league.

Registration fees include: High School Academy \$1,650/year - \$50 discount if pay in full

League

Referee

Trainer/Coach

Soccer Tournament (2 for Girls & 1 for Boys) chosen by club

Technical/Goalkeeper Trainings Fall (girls), Winter(boys and girls), and Spring (boys)

Winter Practice 8 weeks

Intra Club Nov-Dec New for 2023-24

Preseason Camp – held in summer

Coach Certification

Maintenance of fields

Practices 2x per week with a professional coach/trainer, Girls in Fall, Boys in Spring

2 pre-season friendly tournaments

Winter Indoor Training; run by Aces coaches, 1 practice and 1 intra-club futsal game-day per week for 8 weeks

